



Respect - Empathy - Resilience

# South Port News

Friday 16<sup>th</sup> June - Term 2- Week 7, 2023

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Government of South Australia

Department for Education

## DIARY DATES

### JUNE

23<sup>rd</sup> House Challenge Day- wear your house colours with pride!

30<sup>th</sup> 9.10am Assembly  
Reports to go home

### JULY

3<sup>rd</sup> – 7<sup>th</sup> NAIDOC WEEK – ‘For Our Elders’

7<sup>th</sup> 2.00pm Dismissal for holidays

7<sup>th</sup> Dress up as a Super Hero- Gold coin donation

### 2023 Term Dates

1/5/23 - 7/7/23

24/7/23 - 29/9/23

16/10/23 – 15/12/23

### From The Principal

The end of semester 1 reports will go home on Friday 30<sup>th</sup> June. **Please let your child's teacher know if you require multiple copies of the report.** Our school reports focus on the goals that have been set in reading, writing and maths and share their progress so far. **It's important to note that a C means that your child is demonstrating satisfactory achievement in that subject area for their year level.** If you have any concerns once you receive your child's report please contact your child's teacher to make a time to discuss.

House Challenge Day is on Friday 23<sup>rd</sup> June and we ask that students wear their house colours with pride! Teacher will set up team activities throughout the day in class and students have the opportunity to earn lots of house points for their team.

Our recent Student Free Day had a focus on the TRT and Nature Play. We are looking at how to incorporate Nature Play into our current practice and how to engage students in the world outdoors. Research shows that when we spend time outdoors our wellbeing improves; hence the link to TRP.

Please can I also reiterate our process if you wish to share a concern.

If you have a concern:

1. **Contact your child's class teacher. Dojo is useful but a phone call is often better as then you can really explain what is happening for your child.**
2. Arrange a meeting with the teacher so a plan can be put in place.
3. At the meeting make sure you come out with an agreed plan that has actions. Make a time to reconnect with the teacher.
4. If you are unhappy with what has happened after seeing the teacher make a time to talk with myself, Michelle or Stacey Zammit.

5. If you are still unhappy contact the Customer Feedback Line on 1800 677 435.

Leadership are very visible before and after school so please come and have a chat with us!

### The Resilience Project (TRP)

Today's presentation from The Resilience Project is all about Mindfulness.

Mindfulness is our ability to be present at any given moment. We practise this by using intentional awareness and concentrating on what you are doing when you are doing it.

Thousands of studies into Mindfulness indicate that with regular practise, Mindfulness can lead to benefits such as; reduced stress, reduced rumination, increased memory, increased cognitive function and physical health benefits through improved immunity.

View Part 4 of the series here:

Part 4 -

Mindfulness: <https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-hugh/>

Mindfulness can be practised through meditation, yoga, flow-states and daily activities such as cooking.

Source: UC Berkeley, Greater Good Science, American Psychological Association

For mental health resources and support information, visit The Resilience Project's Support Page.

### Guided Reading

We have been running Flexible Guided reading during Lesson 1 across years one to six for the past four years. Students love the opportunity to work with other students and teachers on their reading strategies. Student are group based around similar reading goals and needs. Classroom teachers, literacy mentors, and SSO's support a small group (4-5) students with guided instruction in decoding strategies and comprehension skills. Our staff have found ways to hook and engage students with creative texts. Our reading data shows students have benefited from this amazing program and the growth in reading this year has been incredible.

Stacey Zammit

### Attendance

We appreciate all of your effort to keep kids coming to school during the rainy and cold weather. If you have unexplained absences please contact your class teacher to let them know. If you have any trips coming up there is a process around approval that goes through our Principal. Thank you.

## National Reconciliation Week

At South Port we worked as a school community to support our journey of Reconciliation during Reconciliation week.

Mr Trent Hill came to our site to share a Dreaming story with our students and talk about artefacts and their uses in everyday life. All classes painted rocks with messages of sorry for past wrongs, togetherness, respect, strength and that our First Nations People are the traditional custodians of our beautiful land.

Classes also read *Somebody's land* by Adam Goodes and worked through some questions about the story and what the deeper meaning behind this is.

We made a whole school Aboriginal flag from our hand prints to showcase our journey together to remember, to acknowledge and to move forward together.



## SRC

A reminder that we are asking students to please dress as a Super Hero (not a villain) for the last day of term and bring a gold coin donation.



**HeartKids**

This fundraiser is to support a fantastic cause, 'The Heart Kids Foundation'.

These brave kids have congenital heart defects that often require surgeries and we have students at our school who are Heart Kids and would love our school support.

The Foundation helps families through the tough time around surgeries and offer ongoing support and special events for children and their families over time as well.

Please dress up and bring in your gold coin donation on Friday July 7<sup>th</sup>! Thank you – The SRC  
<https://www.heartkids.org.au/>

## Assembly Awards – Well Done!

Cherie Pickering	<b>Tommy</b> For displaying <b>Resilience</b> for a consistently high level of commitment to achieve his best in all literacy and numeracy activities
Jenny, Jess & Mrs Jolly	<b>Lachlan</b> For displaying <b>Resilience</b> by persevering and working very hard to learn the alphabet sounds <b>Maple</b> For displaying <b>Empathy</b> for helping and supporting her classmates with an extremely caring attitude
Mrs Moro	<b>Noah</b> For displaying <b>Respect</b> to all teachers and other students at school by using fantastic manners with his listening <b>Maddie</b> For displaying <b>Empathy</b> towards class mates when they need a friend
Mrs Janssan	<b>Zachary</b> For displaying <b>Resilience</b> by never giving up in his reading and working hard to go up 3 levels this term! <b>Maylen</b> For displaying <b>Respect</b> for showing great respect while learning about Kaurna culture and history and producing very thoughtful rock art
Mrs Fernandez	<b>Avia</b> For displaying <b>Respect</b> with good manners on a daily basis. Avia is always respectful when communicating with her teachers and peers <b>Elsie</b> For displaying <b>Resilience</b> with a growth mindset and consistently viewing challenges as learning opportunities. Well done Elsie!
Mr Quirke	<b>Miikah</b> For displaying <b>Empathy</b> to fellow students if they are ever in need of a friend <b>Vinnie</b> For displaying <b>Resilience</b> by changing habits to improve his handwriting
Mrs Whittington	<b>Alisha</b> For displaying <b>Respect</b> to all her peers and staff. She is always on task and following our class agreement Well done Alisha! <b>Josiah</b> For displaying <b>Resilience</b> towards his learning. This term he has had a growth mindset towards challenging tasks. Well done Josiah!
Mrs Vowles	<b>Mathew</b> For displaying <b>Resilience</b> during Maths lessons when completing more complex addition problems <b>Lachlan McG</b> For displaying <b>Respectful</b> behaviour on our excursion to Parliament House <b>Lachlan G</b> For displaying <b>Empathy</b> towards a younger student on our excursion and helping them get their belongings together when getting off the bus

Mrs Morton	<p><i>Landern</i></p> <p>For displaying <b>Resilience</b> for taking on new challenges in Maths and always striving to achieve his personal best</p> <p><i>Ayemon</i></p> <p>For displaying <b>Empathy</b> for being considerate to his peers and offering them support when they are upset</p>
Mrs Burton & Mrs Zammit	<p><i>Jarvis</i></p> <p>For displaying <b>Respect</b> for himself, his work and showing a high level of respect for his peers, friends and teachers</p> <p><i>Aiden</i></p> <p>For displaying excellent <b>Empathy</b> and compassion for his classmates and teachers. He is always there for his friends</p>
Mrs Brown	<p><i>Adam</i></p> <p>For displaying <b>Resilience</b> in all areas of his learning especially in maths and working with decimals</p> <p><i>Savannah</i></p> <p>For displaying <b>Resilience</b> for working with decimals in maths and for asking for help when needed.</p>
Tania Sensei Japanese	<p><i>Zavier</i></p> <p>For displaying <b>Resilience</b> by showing an improved attitude towards his learning of Japanese and having a go at all work tasks</p>
Steve Paulovich Health & PE	<p><b>Bec/Mrs Zammit's class</b></p> <p>For displaying <b>Respect</b> for improvement in respect/organisation and working well together</p> <p><b>Caitlin's class</b></p> <p>For displaying <b>Resilience</b> for improvement over the term to get to the level of independently umpiring their own games</p>
Mr Thimm The Arts	<p><i>Jane</i></p> <p>For displaying <b>Empathy</b> by always being willing to support others with their learning and looking after her peers</p> <p><i>Kassidie</i></p> <p>For displaying <b>Respect</b> for always following instructions and for using feedback to improve her learning</p>

## Community News

# Kaurna RSPCA Appeal

We are accepting donations of the following items for the Lonsdale RSPCA Shelter:

- New dog and cat treats and toys
- Clean egg cartons
- Intact small cardboard boxes-muesli bar sized
- Clean used towels, blankets and sheets



Help us keep the animals warm and entertained....



Our Aussie of the Month is Ruby!!

*Ruby is always demonstrating our school values of Respect, Resilience and Empathy. She is always thoughtful and considerate towards her peers and all staff members. Ruby has a positive attitude to school.*

CONGRATULATIONS RUBY